

# Home Economics Courses Overview

## Junior Phase S1-3

Currently per week all our S1 to S3 pupils receive one period of Home Economics. Areas covered over the three years include food hygiene, nutrition, current dietary advice, individual dietary needs, product development, money matters, consumer issues, while developing food and textiles practical skills. We deliver these courses in a way that promotes active learning.

S2 and 3 can opt into an Elective in Practical Food Skills Fashion and Textiles course.

## Senior Phase S4-6

| <b>Year Group</b> | <b>Health and Food Technologies</b>      | <b>Hospitality Practical Cookery</b> | <b>Fashion and Textiles Technology</b> | <b>Practical Cake Craft</b> |
|-------------------|--|--------------------------------------|--|-----------------------------|
| <b>S4</b>         | National 4 or 5                          | National 4 or 5                      | National 4 or 5                        | National 5                  |
| <b>S5</b>         | National 4, 5 or Higher                  | National 4 or 5                      | National 4, 5 or Higher                | National 5                  |
| <b>S6</b>         | National 4, 5, Higher or Advanced Higher | National 4 or 5                      | National 4, 5 or Higher                | National 5                  |

## Home Economics Pathways

|    |  |  |  |  |  |   |
|----|--|--|--|--|--|---|
|    | S1/2/3<br>Broad General Education - Level 3/4                                  |  |  |  |  |   |
|    | S2/3<br>Practical Skills in Home Economics<br>(food based)                     |  |  |  | S2/3<br>Practical Fabric Skills  |   |
| S4 | Creative Cake Production<br>National 5   |  | Hospitality; Practical<br>Cookery<br>National 4/5                                    |  | Health & Food Technology<br>National 4/5   | Fashion & Textile<br>Technology<br>National 4/5   |
| S5 | Creative Cake<br>Production<br>National 5                                      | Hospitality;<br>Practical<br>Cookery<br>National 5   | Hospitality; Practical<br>Cookery<br>National 5                                      |  | Health & Food Technology<br>National 5 / Higher  | Fashion & Textile<br>Technology<br>National 5/ Higher   |
| S6 | Hospitality;<br>Practical<br>Cookery<br>National 5                             | Health & Food<br>Technology<br>National 5/<br>Higher | Creative<br>Cake<br>Production<br>National 5   | Health &<br>Food<br>Technology<br>National 5 | Health & Food Technology<br>National 5 / Higher/<br>Advanced Higher                      | Fashion & Textile<br>Technology<br>National 5/ Higher   |
|    | <u>Careers</u>   |  |  |  |  | <u>Careers</u>  |
|    | Catering<br>Food Service<br>Teaching<br>Food service<br>Baking & confectionary |  | Health promotion<br>Consumer service<br>Food manufacturing<br>Health and social care |  | Sports nutrition<br>Product development<br>Dietetics & nutrition<br>Environmental Health | Textile design<br>Interior decorating<br>Clothing production<br>Costume design<br>Fashion marketing<br>Fashion retail |